

# INSIDE THE FLY BY NIGHT

2008

## AMERICAN LEAGUE EAST

### Projected Finish

Salem Psychics  
Lake Wobegon Whippets  
Maine Yaks  
Illinois Prairie Dogs  
Baton Rouge Silver Bullets  
Urpaigh Dragons

The AL East looks a lot like it did last year with Salem and Lake Wobegon holding the top spots. The difference this year is that Illinois is improved and Maine is way better. Even Baton Rouge is improved over last year. Urpaigh is still bad.

Picking up Chipper Jones gives Salem just a monster lineup. Look at all those diamonds against RHP. Very solid rotation top to bottom led by Santana, who had a nice bounce back season. With Nathan and Papalbon at the end of the game you can't go wrong. The Psychics have no holes and should win the division again this year.

The Psychics will not have a cake walk though. The Whippets in particular will push them hard. They also have a great lineup led by Hamilton, Utley and a group of lesser known guys with good numbers. They don't have the same home run power as Salem but will still score a ton of runs. The rotation is very solid with Haren, Lowe and Wellmeyer at the top. Soria is a great closer with some solid complimentary guys like Adams and Carlton.

Maine is much improved. On the surface you'd look at their rotation, which Barry told me is his best ever, and think they were a playoff shoe-in. However, in this tough division it is likely that the Yaks will be battling Illinois for the extra wildcard slot. Even though this division is much better than the West and the teams will beat up on each other, I'd still expect the extra wildcard to come out of the East as they will all just devour the West when they interdivisional play. Anyhow, Harden and Nolasco lead a very good rotation, but the pen does not stack up to the other top teams in this division. The two headed monster of Bruney/Romo will be your closer, but they're no Soria or Papelbon, that's for sure. The offense is solid with ARoid and Lee once again leading the way.....but again not as good as Salem or Lake Wobegon. The Yaks could cause trouble but I just don't see them taking out the top two dogs.

Illinois is also very good. Solid rotation with Dempster, Saunders and Baker. Very deep pen, kind of like the Jarheads and like the Jarheads lacking a stud closer. Offensively a bit below the other contenders and I think that will be their downfall. Like Maine, they would run away with the West but will have to fight for a playoff spot in this tough division.

Baton Rouge has a good core of young players led by Morneau, Martin and Zambrano, but don't have enough starting pitching or offense to contend in this division. They could end up losing 90 plus games and would be the favorite if they were in the West. Location, location, location! The pen is not bad with Marmal and Bell leading the way, but it won't be enough.

Like Norwich in the last installment, Urpaigh is in for a long long season. Not to kill a dead horse, but this team might actually contend in the West. Not much offense, no bullpen, mediocre defense.....but one decent starting pitcher in Sonastine. That's a good team in the West. Sadly they ain't in the West so you can pencil them in for 100 or more losses.

So really tough division here. Salem and Lake Wobegon are the best two team in the AL, but Maine and Illinois are not that far behind. While I doubt it, I would not be shocked if either the Dogs or Yaks made a run at it. Should be a fun season. Baton Rouge will have to wait til next season and Urpaigh maybe more....

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### SALEM PSYCHICS

#### KEY POSITION PLAYERS:

		<u>AB</u>	<u>DEF</u>	<u>LINEUP</u>	<u>OB</u>	<u>TB</u>	<u>HR</u>	<u>LINEUP</u>	<u>OB</u>	<u>TB</u>	<u>HR</u>
				<u>VS LHP</u>				<u>VS RHP</u>			
1B)	HOWARD	671	4e20								
	ATKINS	--	4e16								
2B)	HUDSON	448	1e14	1 SUZUKI--CF	37	43	w	SUZUKI-CF	42	52	w
	SANTIAGO	136.4	2e10	2 SANTIAGO-2B	48	62	7	MAUER-C	49	61	w
SS)	CABRERA	727	2e17	3 C JONES-3B	63	74	2	C JONES-3B	55	74	8
3B)	C JONES	483	3e19	4 ATKINS-1B	46	65	7	GUERRERO-RF	37	59	8
	ATKINS	672	4e16	5 WERTH-LF	36	74	8	HOWARD-1B	29	64	8
C)	MAUER	590	1(-3)e1,T-4(pb-1)	6 MAUER-C	50	63	6	BAY-LF	42	65	8
	COSTE	282	4(+2)e5,T-2(pb-0)	7 GUERRERO-RF	33	46	7	ANKIEL-DH	35	58	8
LF)	BAY	635	3(+1)e4	8 BAY-DH	44	62	4	HUDSON-2B	43	58	0
	ANKIEL	454	3(-4)e13	9 CABRERA-SS	39	46	0	CABRERA-SS	35	45	w
CF)	SUZUKI	755	2(-5)e5		44.0	59.4	4.6		40.8	59.6	4.4
RF)	WERTH	460	2(-2)e3								
	GUERRERO	--	4(-2)e7	<u>Key Reserves:</u>				<u>Key Reserves:</u>			
DH)	GUERRERO	595		HOWARD	22	40	7	SANTIAGO	49	61	1
	HINSKI	419		COSTE	38	55	5	WERTH	41	50	2
	SALIZAR	89						HINSKI	31	49	8
								SALIZAR	47	72	8

<u>ROTATION:</u>	<u>IP</u>	<u>Hold</u>	<u>VS LHH:</u>			<u>VS RHP:</u>		
			<u>OP</u>	<u>TB</u>	<u>HR</u>	<u>OB</u>	<u>TB</u>	<u>HR</u>
SANTANA	241	+1	17	29	4	14	20	2
HERNANDEZ	220	+3	30	45	3	23	26	0
MADDUX	213	+7	19	30	3	20	41	4
SLOWEY	176	0	21	44	8	17	29	3
MARCUM	166	-2	23	35	1	13	25	6

<u>BULLPEN:</u>								
PAPLEBON	76	-2	12	19	0	9	12	0
NATHAN	74	+4	9	19	6	7	13	0
SHOUSE*	56	-3	6	14	1	34	47	3
NUNEZ	53	-3	26	35	0	17	24	0
OHMAN*	64	-4	18	24	0	25	34	0
SHIELDS	69	+6	19	22	0	30	40	5

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### LAKE WOBEGON WHIPPETS

**KEY POSITION PLAYERS:**

		<u>AB</u>	<u>DEF</u>
1B)	GIAMBI	504	5e14
	UTLEY	--	3e22
2B)	UTLEY	668	2e14
	FONTENOT	267	2e4
SS)	TULOWITZKI	415	2e14
	PUNTO	372	2e22
3B)	KOUZMANOFF	686	4e12
	KEPPINGER	505	3e8
C)	RUIZ	352	2(-1)e2,T-6(pb-2)
	MOLINA	488	1(-4)e4,T-18(pb-2)
LF)	QUEINTIN	528	4(-1)e9
	INGLETT	378	3(+2)e3
CF)	HAMILTON	686	2(-3)e7
RF)	GILES	615	3(+1)e8
DH)	MATSUI	371	
	BRANYAN	145	

**LINEUP**

<u>VS LHP</u>	<u>OB</u>	<u>TB</u>	<u>HR</u>
1 KEPPINGER-3B	48	66	w
2 GILES-RF	51	63	w
3 UTLEY-2B	39	59	6
4 HAMILTON-CF	36	49	5
5 QUINTIN-LF	42	65	8
6 GIAMBI-1B	37	55	7
7 MOLINA-C	42	51	3
8 MATSUI-DH	44	53	w
9 TULOWITZKI-SS	45	64	2
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	43	58	3

**Key Reserves:**

FONTENOT	41	63	0
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**LINEUP**

<u>VS RHP</u>	<u>OB</u>	<u>TB</u>	<u>HR</u>
GILES-RF	47	62	3
UTLEY-1B	39	59	6
GIAMBI-DH	41	56	8
HAMILTON-CF	38	59	8
QUINTIN-LF	45	67	7
FONTENOT-2B	44	62	3
MOLINA-C	33	41	w
INGLETT-3B	39	53	W
PUNTO-SS	38	52	w
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	40	57	4

**Key Reserves:**

KOUZMANOFF-3B	28	45	6
MATSUI-DH	37	47	3

**ROTATION:**

	<u>IP</u>	<u>Hold</u>	<u>VS LHH:</u>			<u>VS RHP:</u>		
			<u>OP</u>	<u>TB</u>	<u>HR</u>	<u>OB</u>	<u>TB</u>	<u>HR</u>
HAREN,D.	238	-1	18	26	0	19	32	3
LOWE	232	+1	19	27	0	20	27	2
WELLMYER	210	-1	22	40	5	22	36	3
BYRD	198	-3	31	50	7	17	32	6
WAINWRIGHT	145	-1	23	43	3	21	29	1
PETIT	62	-1	12	27	5	13	35	8

**BULLPEN:**

SORIA	67	-2	13	16	1	3	5	2
ADAMS	71	0	13	18	0	14	27	8
GEARY	70	-5	29	31	0	9	12	0
CARLSON*	66	-4	16	29	0	7	17	5
DEVINE	51	0	17	18	0	6	6	0
SADLER	48	-1	14	16	1	30	46	7

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### MAINE YAKS

#### KEY POSITION PLAYERS:

		<u>AB</u>	<u>DEF</u>	<u>LINEUP</u> <u>VS LHP</u>	<u>OB</u>	<u>TB</u>	<u>HR</u>	<u>LINEUP</u> <u>VS RHP</u>	<u>OB</u>	<u>TB</u>	<u>HR</u>
1B)	LEE	685	1e10	1 LEE-1B	46	66	4	DAMON-LF	44	57	3
2B)	PHILLIPS	615	1e8	2 PHILLIPS-2B	30	57	8	LEE-1B	35	46	2
	CORA	167	2e5	3 PERALTA-SS	25	42	7	LAROCHE-DH	34	52	8
SS)	PERALTA	666	4e16	4 RODRIGUEZ-3B	40	56	7	RODRIGUEZ-3B	46	75	8
	CORA	--	3e22	5 SOTO-C	40	60	4	NADY-RF	37	57	7
3B)	RODRIGUEZ	561	2e13	6 DAMON-LF	37	43	1	SOTO-C	37	54	5
C)	SOTO	543	2(-1)e3,T-4(pb-1)	7 LEWIS-RF	38	53	w	PHILLIPS-2B	27	37	1
	BLANCO	132	2(-2)e10,T-1(pb-4)	8 NADY-DH	39	51	7	PERALTA-SS	34	55	4
LF)	DAMON	611	2(+3)e3	9 MATHEWS-CF	35	41	3	TAVARES-CF	29	32	w
CF)	TAVARES	527	3(-1)e10		36.7	52.1	4.6		35.9	51.7	4.2
	MATHEWS	469	3(0)e13								
RF)	NADY	611	4(-1)e5	<u>Key Reserves:</u>				<u>Key Reserves:</u>			
	LEWIS	515	3(0)e9	CORA	39	39	w	CORA	43	53	w
DH	LAROCHE	541		BLANCO	36	42	0	LEWIS	36	52	2
	NADY	--									

		<u>VS LHH:</u>			<u>VS RHP:</u>			
<u>ROTATION:</u>	<u>IP</u>	<u>Hold</u>	<u>OP</u>	<u>TB</u>	<u>HR</u>	<u>OB</u>	<u>TB</u>	<u>HR</u>
NOLASCO	233	-3	11	27	7	16	31	1
VOLQUEZ	216	+4	27	33	0	26	35	0
WAKEFIELD	199	+9	22	32	4	21	36	6
MATSUZAKA	184	+3	35	42	1	19	22	0
HARDEN	163	0	19	24	0	15	19	1
MARSHALL*	72	+3	31	53	2	17	29	3
<u>BULLPEN:</u>								
ROMO	37	+6	10	10	0	9	26	7
MADSON	91	+2	29	35	1	20	30	0
KENSING	61	+9	15	25	5	34	46	2
AFFELDT*	86	+3	25	45	2	25	33	2
BRUNEY	37	+3	28	28	0	14	22	2
HAPP*	35	-2	15	30	5	30	30	0

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### ILLINOIS PRAIRIE DOGS

#### KEY POSITION PLAYERS:

	<u>AB</u>	<u>DEF</u>
1B)	JACKSON	594
	BLAKE	--
2B)	DURHAM	407
	CEDENO	238
SS)	GUZMAN	637
3B)	BLAKE	590
	GUILLEN	--
C)	PIERZNSKI	587
	MATHIS	311
LF)	IBANEZ	699
CF)	SCHUMAKER	594
	ROSS	--
RF)	DYE	649
	ROSS	507
DH)	GUILLEN	462
	AURILIA	448
	SHEALY	80

#### LINEUP

##### VS LHP

	<u>OB</u>	<u>TB</u>	<u>HR</u>
1 JACKSON-1B	53	68	0
2 GUZMAN-SS	44	61	1
3 DYE-RF	33	57	8
4 ROSS-CF	30	60	8
5 IBANEZ-LF	40	59	5
6 AURILIA-DH	38	58	5
7 BLAKE-	38	51	3
8 DURHAM-2B	38	54	w
9 PIERZNSKI-C	31	48	4
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	38	57	4

##### Key Reserves:

GUILLEN-DH	42	52	3
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#### LINEUP

##### VS RHP

	<u>OB</u>	<u>TB</u>	<u>HR</u>
SCHUMAKER-CF	42	50	1
DURHAM-2B	43	57	0
GUILLEN-DH	43	54	0
DYE-RF	34	56	6
IBANEZ-LF	33	49	4
BLAKE-3B	31	47	6
JACKSON-1B	37	48	1
GUZMAN-SS	31	45	w
PIERZNSKI-C	31	41	0
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	36	50	2

##### Key Reserves:

SHEALY	41	83	8
CEDENO	37	51	W
ROSS-RF	28	47	5

#### VS LHH:

#### VS RHP:

<u>ROTATION:</u>	<u>IP</u>	<u>Hold</u>	<u>OP</u>	<u>TB</u>	<u>HR</u>	<u>OB</u>	<u>TB</u>	<u>HR</u>
DMPSTER	226.6	0	23	33	1	23	27	0
SAUNDERS*	218	+3	25	25	0	19	30	4
BAKER	189	+1	24	32	3	16	25	5
CAMPILLO	175	-1	24	32	0	23	44	5
CONTRARAS	133	+6	29	43	4	23	31	0
FRANCIS*	158	0	24	46	4	28	46	3

#### BULLPEN:

WHEELER	73	-2	13	24	3	12	24	6
FRANCISCO	69	+5	19	26	0	16	31	5
RAUCH	79	-1	18	32	5	20	42	5
HOWELL*	98	+6	21	22	0	19	26	1
HANRAHAN	92	+6	23	28	3	24	38	2

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## AMERICAN LEAGUE EAST

### BATON ROUGE SILVER BULLETS

#### KEY POSITION PLAYERS:

		<u>AB</u>	<u>DEF</u>	<u>LINEUP</u> <u>VS LHP</u>	<u>OB</u>	<u>TB</u>	<u>HR</u>	<u>LINEUP</u> <u>VS RHP</u>	<u>OB</u>	<u>TB</u>	<u>HR</u>
1B)	MORNEAU	685	3e4								
	GLOAD	427	2e7	1 ARIAS-2B	55	79	w	CRAWFORD-LF	33	45	0
2B)	CASTILLA	424	2e21	2 BARTON-LF	42	52	w	VAZQUEZ-DH	43	57	1
	ARIAS	121	4e13	3 JOYCE-RF	52	65	0	SPILLBRGHS-RF	53	62	0
SS)	BETANCOURT	615	3e23	4 MORNEAU-DH	31	48	4	MARTIN-C	48	52	0
3B)	ZIMMERMAN	471	2e16	5 ZIMMERMAN-3B	36	47	4	MORNEAU-1B	43	62	6
	VAZQUEZ	--	3e27	6 MARTIN-C	37	46	2	ZIMMERMAN-3B	34	46	3
C)	MARTIN	608	1(-1)e2,T-13(pb-2)	7 BETNCOURT-SS	28	47	W	CASTILLA-2B	37	42	1
	VALENTIN	142	4(+2)e1,T-2(pb-4)	8 GOMEZ-CF	28	38	1	BETNCOURT-SS	31	47	W
LF)	CRAWFORD	487	1(-1)e6	9 GLOAD-1B	27	30	W	GOMEZ-CF	26	38	W
	BARTON	168	4(+2)e11		37	50	1		39	50	1
CF)	GOMEZ	635	2(-2)e9								
RF)	SPILLBORGHS	256	3(0)e7	<u>Key Reserves:</u>				<u>Key Reserves:</u>			
	JOYCE	266	2(-1)e10	SPILLBORGHS	45	62	2	JOYCE	31	52	7
DH)	VAZQUEZ	330						GLOAD-1B	29	39	W
	MORNEAU	--									

#### VS LHH:

#### VS RHP:

<u>ROTATION:</u>	<u>IP</u>	<u>Hold</u>	<u>OP</u>	<u>TB</u>	<u>HR</u>	<u>OB</u>	<u>TB</u>	<u>HR</u>
ZAMBRANO,C.	207	0	26	31	0	23	34	2
JURRJENS	207	+8	28	41	0	27	32	0
PEREZ,O*	213	-1	14	21	2	34	45	3
PELPHEY	220	-2	40	50	0	24	31	0
BAEK	155	-1	28	47	4	21	34	5
VOLSTAD	92	+7	21	25	0	26	32	0

#### BULLPEN:

MARMOL	96	-1	19	29	6	18	20	0
BELL	86	+5	17	18	0	21	37	5
BRADFORD	65	0	31	31	0	20	20	0
AYALA	83	-2	27	37	3	29	45	3
BRESLOW*	52	+1	8	8	0	27	27	0
REYES*	51	+9	11	14	2	31	43	2

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## AMERICAN LEAGUE EAST

### URPAINE DRAGONS

#### KEY POSITION PLAYERS:

		<u>AB</u>	<u>DEF</u>	<u>LINEUP</u>	<u>OB</u>	<u>TB</u>	<u>HR</u>	<u>LINEUP</u>	<u>OB</u>	<u>TB</u>	<u>HR</u>
				<u>VS LHP</u>				<u>VS RHP</u>			
1B)	NORTON	206	3e30								
	BUSCHER	240	4e25								
	LAHAIR	166	4e11	1 IWAMURA-2B	36	43	w	IWAMURA-2B	38	54	w
2B)	IWAMURA	690	1e8	2 CRUZ-DH	63	95	2	CARROLL-3B	41	50	w
SS)	HARRIS	477	3e19	3 YOUNG C-CF	34	58	4	BUSCHER-DH	40	46	2
	EVERETT	140	2e28	4 LANGERHANS-RF	46	51	3	NORTON-1B	39	50	3
3B)	INFANTE	349	3e25	5 YOUNG D-LF	34	45	2	YOUNG D-LF	35	42	0
	CARROLL	382	3e44	6 INFANTE-3B	35	56	w	HARRIS-SS	35	44	1
C)	HERNANDEZ	509	4(+2)e2,T-8(pb-1)	7 HARRIS-SS	32	50	w	KOTSAY-RF	33	44	1
	BUCK	407	3(+1)e3,T-11(pb-0)	8 HERNANDEZ-C	29	41	w	HERNANDEZ-C	26	39	4
LF)	YOUNG D	633	3(-3)e9	9 LAHAIR-1B	38	38	w	YOUNG C-CF	26	41	3
CF)	YOUNG C	688	2(-1)e3		39	53	1		35	46	2
RF)	KOTSAY	442	3(-2)e3	<u>Key Reserves:</u>				<u>Key Reserves:</u>			
	CRUZ	127	2(-3)e11	BUCK	27	38	2	BUCK	26	36	2
	LANGERHANS	122	2(-1)e3	CARROLL	36	36	W	INFANTE	33	41	0
DH)	BAKER	362						CRUZ	43	71	8
	ANDERSON	219									

			<u>VS LHH:</u>			<u>VS RHP:</u>		
<u>ROTATION:</u>	<u>IP</u>	<u>Hold</u>	<u>OP</u>	<u>TB</u>	<u>HR</u>	<u>OB</u>	<u>TB</u>	<u>HR</u>
SONNASTINE	212	-3	23	37	3	29	46	2
SMITH*	209	0	15	32	2	31	41	3
SANCHEZ	174	+6	17	36	6	33	42	0
FELDMAN	166	+8	30	48	4	28	42	4
HOCHVAR	142	+5	33	48	3	24	30	0
BONSER	130	+6	37	52	5	22	34	4
<u>BULLPEN:</u>								
CORCORAN	81	-4	28	36	0	24	32	0
MINOR	130	+1	25	42	3	28	35	0
DURBIN	96	-2	39	46	0	19	24	0
MILLER*	48	-3	23	30	0	38	46	0
WRIGHT	92	+4	40	45	0	26	32	1